

## **VOLUNTARY WELLNESS INCENTIVE**

**All employees** are invited to participate in Hugg & Hall's Voluntary Wellness Program. Employees who have an annual physical (wellness/preventative) performed by a doctor will be **awarded an additional day of PTO (one per calendar year)**.

To receive your extra day of PTO, you must complete Part 1 of the **Wellness Exam Form** and have the physician complete Part 2 stating they have performed the exam. Once completed, please return form to Cheryl Dearing via email [cheryl.dearing@hughhall.com](mailto:cheryl.dearing@hughhall.com) or fax 501-569-5881.

Providing your physician codes your physical exam properly, the cost for those on our health insurance plans should be: \$0 office co-pay for PPO participants and \$0 cost for CDHP participants. This price quote is only for the exam itself and there may be different costs involved for any additional testing your physician deems necessary. **Must be an In-Network provider.**

Should you have questions, please contact Cheryl Dearing, Benefits Administrator at 501.569.5853.

(Please note: Employees are not required to participate. Wellness/physical exam results are not collected by Hugg & Hall.)

